

100 Biblical Affirmations



Who Does Jesus Say You Are?

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These affirmations are rooted in Scripture—speak them daily, let them renew your mind, and allow God’s truth to guide your walk in faith.

1. Identity in Christ

- I am a child of God – John 1:12
- I am made in God’s image – Genesis 1:27
- I am chosen – Ephesians 1:4
- I am dearly loved – Colossians 3:12
- I am God’s masterpiece – Ephesians 2:10
- I am adopted into God’s family – Romans 8:15
- I am accepted in the Beloved – Ephesians 1:6
- I am a citizen of heaven – Philippians 3:20
- I am known by God – Jeremiah 1:5
- I am complete in Christ – Colossians 2:10

2. Set Free and Forgiveness

- I am forgiven – 1 John 1:9
- I am redeemed – Ephesians 1:7
- I am no longer condemned – Romans 8:1
- I am washed clean – Isaiah 1:18
- I am free from sin’s power – Romans 6:14
- I am set apart – 1 Peter 2:9

- I am purified – 1 Peter 1:22
- I am not a slave to fear – Romans 8:15
- I am delivered from darkness – Colossians 1:13
- I am a new creation – 2 Corinthians 5:17

3. Strong and Victorious

- I am strong in the Lord – Ephesians 6:10
- I am more than a conqueror – Romans 8:37
- I am equipped for every good work – 2 Timothy 3:17
- I am victorious – 1 Corinthians 15:57
- I am upheld by God's right hand – Isaiah 41:10
- I am courageous – Joshua 1:9
- I am confident in Christ – Philippians 1:6
- I am protected by God – Psalm 91:4
- I am an overcomer – 1 John 5:4
- I am shielded by faith – Ephesians 6:16

4. Growing and Renewed

- I am being renewed daily – 2 Corinthians 4:16
- I am rooted and built up in Christ – Colossians 2:7
- I am bearing good fruit – John 15:5
- I am growing in grace – 2 Peter 3:18
- I am being sanctified – 1 Thessalonians 5:23

- I am maturing in faith – James 1:4
- I am a vessel of honor – 2 Timothy 2:21
- I am led by the Spirit – Romans 8:14
- I am learning to walk in truth – 3 John 1:4
- I am walking in the newness of life – Romans 6:4

5. Called and Purposeful

- I am called for a purpose – Romans 8:28
- I am the salt of the earth – Matthew 5:13
- I am the light of the world – Matthew 5:14
- I am a laborer in God's harvest – Matthew 9:37–38
- I am a witness for Christ – Acts 1:8
- I am an ambassador for Christ – 2 Corinthians 5:20
- I am chosen to bear fruit – John 15:16
- I am a minister of reconciliation – 2 Corinthians 5:18
- I am gifted by the Spirit – 1 Corinthians 12:7
- I am created for good works – Ephesians 2:10

6. Loved and Never Alone

- I am never alone – Deuteronomy 31:6
- I am the apple of God's eye – Zechariah 2:8
- I am carried by God – Isaiah 46:4
- I am held in God's hands – John 10:28

- I am surrounded by God's presence – Psalm 139:5
- I am hidden in Christ – Colossians 3:3
- I am guarded by peace – Philippians 4:7
- I am cherished – Isaiah 43:4
- I am not forgotten – Isaiah 49:15
- I am under God's wings – Psalm 91:4

7. Empowered to Live Differently

- I am led by wisdom – James 1:5
- I am walking by faith – 2 Corinthians 5:7
- I am empowered to forgive – Colossians 3:13
- I am joyful in all circumstances – 1 Thessalonians 5:16
- I am clothed with compassion – Colossians 3:12
- I am filled with hope – Romans 15:13
- I am bold in Christ – Proverbs 28:1
- I am a peacemaker – Matthew 5:9
- I am content in Christ – Philippians 4:11–13
- I am living by the Spirit – Galatians 5:25

8. Eternal and Secure

- I am sealed with the Holy Spirit – Ephesians 1:13
- I am promised eternal life – John 10:28
- I am an heir of God – Romans 8:17

- I am seated with Christ – Ephesians 2:6
- I am being prepared for glory – 2 Corinthians 4:17
- I am awaiting a heavenly home – Hebrews 11:16
- I am free from fear of death – Hebrews 2:14–15
- I am safe in God's hands – Psalm 91:1
- I am victorious over the enemy – Luke 10:19
- I am destined for Heaven – Revelation 21:4

9. Speak These When You're Feeling...

Unworthy

- I am fearfully and wonderfully made – Psalm 139:14
- I am crowned with glory – Psalm 8:5
- I am precious in His sight – Isaiah 43:4
- I am created with intention – Psalm 139:16
- I am not a mistake – Jeremiah 29:11

Tired

- I am given rest – Matthew 11:28
- I am carried in hard times – Isaiah 40:29–31
- I am never abandoned – Psalm 94:14
- I am renewed like the eagle – Isaiah 40:31
- I am refreshed by His Spirit – Acts 3:19

Anxious

- I am guarded by peace – Philippians 4:6–7
- I am held together by Christ – Colossians 1:17
- I am safe in His arms – Psalm 23:4
- I am not shaken – Psalm 62:6
- I am standing on the Rock – Matthew 7:24

Unseen

- I am seen by God – Genesis 16:13
- I am remembered by God – Malachi 3:16
- I am valued beyond rubies – Proverbs 31:10
- I am a part of the Body – 1 Corinthians 12:27
- I am chosen, holy, and dearly loved – Colossians 3:12

Closing Encouragement:

Remember, your identity is not found in your past or pain, but in Jesus Christ. He calls you loved, chosen, and redeemed. Keep this list close, speak it often, and walk boldly in who God says you are.

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" -- 2 Corinthians 5:17

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